



A Diamond ~ ME

by Annette Aben

"Congratulations, Mr. & Mrs. Parent, you have just given birth to a healthy baby girl! Take her home and raise her to be all that she can be. Know that she is filled with promise and as she grows, know she is a blessed gift from Spirit; what she does with her life shall be her gift back. Rest assured that the times when all of you tussle, rumble and otherwise fight your way through the map-less, uncharted waters of life, you are ensuring that the "gifts" are being polished and formed exactly as planned. Believe these rough hewn times to be what it feels like for the earth to compress coal into one the strongest substances in the Universe. She'll shine like a diamond one day and you will gaze upon her with the same awe as you do now. The only difference will be that she will gaze back with gratitude for you grooming her to become a physical manifestation of love. Now, best of luck and if you have any questions, you'll find the answers within."

Of course that is not what was said, nor what was heard, still I believe that is how the Angel of Life would have explained what to do with me as my writhing, and wailing self was placed into my teenage mother's waiting arms. To stand beside this newly formed family and know there would be many misunderstandings on the way to awareness, much stress along the path to serenity, and tons of tears to wash away misconceptions in favor of the truth, the Angels had faith everything was in Divine Order. And so, it was.



In the ensuing 50 years, I have become that diamond! Oh a little rough around the edges, to be sure, yet I finally figured it out, the truth of my life. The reasons for the conflicts and careening two wheel turns onto paths of certain destruction (which never managed to destroy me) were nothing more than the pressure from within to repress the polishing of the diamond brilliance of my authentic self, LOVE! I questioned everything, fought compromise and being told what to do, argued whenever I felt threatened, still managing to arrive in 2007 in one piece. Amazing!

At this stage of my life I have found peace within. In fact, a dear chum, Amy, was visiting recently and commented on how she saw me so peaceful. My heart cried out in thanks as that is what I had been striving for all my life, to feel peace within. What I didn't know

was that once I had achieved this state others would, perhaps, recognize it in me. As selfish as it may sound, I saw the search for inner peace as something I was doing for me. Of all my accomplishments in the physical world, the kudos and awards, the living testimonies to my education and hard work, this has meant more.

I find joy in the simple and uncomplicated, albeit there are still the remnants of the "Gee, let's see how difficult we can make this", attitude. I am convinced I see many of the "clue by fours" prior to feeling them clunk me on the head. There are just as many potentially annoying happenstances every day, still, I feel I am handling them with grace, as much grace as I can muster at times, but grace nonetheless.

I find now my most powerful intention is to be grateful for everything in my life.

Whether I understand it or not, whether I am momentarily pleased or not, I always come back to staying grounded in gratitude. When I am grateful, I am surrounded by, filled with and exuding my authentic self which is and shall always be LOVE!

By the way, that conversation with the Angel of Life and my parents (whose last name just happens to be PARENT) would have taken place 51 years ago this month! And I am so grateful to be here to tell you about it.

Annette Aben

Living and breathing the Law of Abundance and creative visualization, Annette is the creative wand-master behind Inner Child Artwork, art to wear and share. Photography, jewelry, poetry and prose along with original drawings compromise much of where Annette's art has taken her of late. By accessing Annette's web site [Inner Child Art](#) you can find links to where her work can be purchased or ordered. Honoring the ability to communicate with Angels since she was a 4 year old, Annette serves Spirit as a professional Psychic. Published since age 13, Annette has written short stories, plays, poetry and was a weekly columnist for both print and electronic newspapers for years. Her first book, published in the 80's, was a children's activity book which won multiple awards and national acclaim. She has also won awards for public speaking, commercial copy writing, and acting. Contact Annette to learn more about numerology, Tarot, Reiki, Astrology, Feng Shui, Bach Flower Remedies, essential oils, finger yoga or find out how to make the best, simplest peanut butter cookies in the world (she still caters events when begged). [Email Annette](#)

Real world tangible sparkle seems like an appropriate description for the zesty energy of Annette. Visit our [Audio Section](#) and join Kat in a conversation with Annette Aben as she tells us all how she became the 'diamond.'