



*"The fastest way to let what's in your Vibrational Escrow in?
Write this down! Appreciate what IS!!!"*

Abraham-Hicks, San Francisco 7/28/07

I noticed...

The leaves are changing color... and lives are changing color too!

I'm amazed that it's already October and three months have passed since the launch of our first issue of [The Magic Happens](#). And the general consensus seems to be that it's been three months filled with contrast...WOW! Something big is definitely on the horizon.

As you read through this issue, note the way our contributors are not only willingly sharing with you how the contrast in their lives looked... and felt, but how they moved through it honing the vision of their desire. That's one of the beautiful ways the contrast in our lives serves us. And then sometimes... energies can manifest in ways we *think* we don't want... in ways that contrast with how we *think* we would prefer things.

Since this is a magazine about living out loud...and *THRIVING*...I'd like to take a few minutes to point out that sometimes things are *not* what we think... we lack information about what might be going on in the 'background' on a larger scale, yet is impacting our lives in ways we are unaware of.



One of my favorite sites is a place called [What's Up On Planet Earth](#) where Karen Bishop releases regular '[Energy Alerts](#)'. After hearing people express a bit of frustration and/or amazement at the consistent appearance of contrast over the past month or so, it was no surprise to read yesterday's Energy Alert which commented as follows...

The energies are really moving now, and creating many manifestations which seem relentless, giving us no time to rest or take a breath. And some of these manifestations are not what we may have expected to occur as a result of evolving spiritually.

As we reach higher states of consciousness we can find ourselves literally snapping. Acute anger, frustration and stress occur when we suddenly reach a higher state of evolution and find we can absolutely no longer tolerate anything that is vibrating lower. Suddenly, things we may have tolerated for a very long time become things that we will absolutely not have in our space, or not under any circumstances allow to occur around us for one more minute. As strange as it may sound, this is a common occurrence of our ascension process, and quite normal.

As the pressure builds through higher energies bombarding upon us, we can become agitated, feel great pressure, and then finally just "pop". And then the next day we may feel very peaceful and calm... until the next occurrence!

It may seem that wherever we go to find solace, calm and some peace, someone or something else is there to disrupt it. We may feel bombarded at every turn. As we evolve higher, the boundaries always dissipate a bit more, as the density is leaving. And thus, we seem to end up on top of one another. And when we do, we can feel a bit too close for comfort, as if our outer skin has been removed and we are ever so close, or too close, for comfort from another outside entity. With the sudden dissolution of a comfort zone boundary, it can become quite a shock to be connected everywhere and all the time!

But there is even more as we move forward. The darker and denser energies still exist but with less expression it can leave us feeling ... attacked. This scenario happens over and over whenever we reach a higher vibrating threshold of evolution. We get 'attacked' for things we usually have not even done. If you have had a continual experience of this for a very long time, you may still be holding on to a victim consciousness with some self-worth energies present within you, but if you are one who experiences this only at certain evolutionary intervals, or the few times when you are around lower vibrating energies, you are probably not.....[continued]

Fascinating stuff... and it certainly gives us much to ponder as old systems, old ways of thinking and living fall by the boards. Energy is bound to get stirred up and this can often lead to feelings of confusion and experiences which, though not very desirable, are powerful evidence that we are magnificent creators who have expanded our capacity to hold an ever higher vibration.

So pay attention to how you feel over the next couple of months. Listen to your promptings from within. You may feel a sudden urge to move to a new location even though you had not been considering a move. Geographical areas are experiencing a cleansing for various reasons related to energies and you may feel literally booted out of your residence. No worries... you can't get this wrong. You will find yourself exactly

where you belong. Just realize that if things stop functioning in major ways... this doesn't have to be experienced as 'bad news'. It may simply be higher guidance encouraging you to move along. So watching for the signs can help. And remember that high stress creates heightened intuition as much as states of calm do. In either case, these states serve to assist us in by-passing our normal senses and analytical minds. It can greatly help in challenging times if we can try and focus on the new emerging realities, instead of what is falling. Focusing on what is still producing, where the doors are opening, and what is thriving will always serve to place us in a better space.

To sum things up I'll just say that I've noticed that sometimes it appears no matter how hard we try... it seems we simply can't get aligned with Source. And I have a sneaky suspicion that the good news is that as we stretch and grow it just takes a moment for our vibration to settle in and get lined up. It's right around the corner folks...and oh what a fun ride we have coming!!!! I was very excited when I saw this evidence outside my window yesterday...

Until next time...surrender and allow and know... *All is Well!*

Deliberately evolving,
Mary K Weinhagen



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EXPECT MIRACLES!

[Mary K Weinhagen](#)
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There are so many interesting personalities associated with The Magic Happens and Mary K Weinhagen is no exception. Drop by our [Audio Section](#) and listen in as Kat interviews Mary K and does her best to bring out some interesting aspects of Mary K.