



October's Note from **Kat**

Monday morning on July 2nd we had our regularly scheduled master mind call with Mary K Weinhagen and Jackie Lee. The first issue of The Magic Happens had gone live just over 36 hours before the call; what had happened so far was enough to leave the 4 of us feeling a bit humbled and as Jackie put it, 'a sense of awe for all of us.'

In the first 24 hours we watched the hit counter all day and it had changed every time we looked at it, we received several emails offering us kudos and congratulations and we even received donations.

We knew the magazine would be successful however, it is one thing to expect success and quite another to experience it. I have always held that while it would feel good and be a lot of fun to win the lottery, most of us would also find it quite uncomfortable because of the sudden influx of energy and the unexpected feelings we would have. Well the release of the magazine supports my theory.

We had an idea to create a magazine. We chewed on it for a few weeks until the excitement built up to the point we were chomping at the bit to get started. We set a date and got busy building it. The last 3 weeks we did nothing but build our magazine. Mary K and I weren't sleeping much, we were too excited. Wayne talked enthusiastically about the magazine to any one who would listen and Jackie Lee planned the marketing strategy for the launch.

So for 8 weeks we poured our energy into what we were doing. What I didn't realize was that when we released the magazine, all of the energy in me that had built up was also released and I had a couple of days there where although I was very happy and excited, I was also exhausted.

That experience drove home the realization that everything really is energy.

What came back to us in the form of number of eyes reading, emails of appreciation and donations drove home the reality that when we put out energy, 10 or 100 times that energy will come back in many different ways.

Have you ever noticed that when you start moving your furniture or get rid of junk in your house, something always comes to you right after. I have noticed that and it is another example of how everything is energy and when you move energy, energy moves towards you.

We had, in a much bigger way than we had anticipated, moved a great deal of energy in releasing the first edition of our magazine. It was a wonderful sense of satisfaction and we all learned many wonderful things through the process.

I find myself pondering just how much 'self appreciation' it took for all of us to get to the place where we could just put ourselves out there where the world could see us. I think that if you keep your eyes open while you go through each article and column that there is a lot of appreciation going on, both for others and for us, from each and every writer. We really hope that you enjoy this issue. We have exposed ourselves in even deeper ways to put even more of ourselves into this one. We have also done our best to bring you more columnists and interviews so that you can get many more examples of people following their passions and thriving in the modern world. It is our hope that we can contribute to you to the best of our ability by simply being ourselves, in public, where you can see us. 😊

In Gratitude

[Kat McCarthy](#)

[Email Kat](#)