

October's Note From Wayne



In the first edition of this magazine, I tried to do some of the catch up kind of bio stuff so that you, the readers, could get a bit of insight into the life of Wayne. I hope I succeeded to some extent. Not that it will stop there but based on the original concept for this magazine, I desire to continue to expose the wizard from behind the curtain to you all.

Before I get rolling here, lets me first say a huge THANK YOU to all the readers, which now top thousands, for making this magazine a wonderful success. Most readers do not realize all the people and resources it takes to get a magazine together, even if it is free. To all those folks who made very generous donations, we so appreciate you.

For those gracious enough to recommend this magazine to others, we send you high fives. Also to everyone who entered our contest, you know who you are, and for the abundant number of emails of appreciation and comments received, we thank you.

I know this is sounding like some kind of awards speech so before I get pulled off stage by the hook, I wish to send my sincere gratitude out to Jackie Lee, Mary K Weinhagen, all the contributors and of course my rock, Kat McCarthy.

Do you ever wake up in the morning and wish there was more than 24 hours in a day?

Well for me, that is the way it has been for the past few months. Awe crap, lets be honest here, probably my whole life. It seems to me that as I continue on my fun filled adventure, shiny things over there catch my thoughts and I head there to

investigate. Yes, I know, stay focused and it will all be good... I am focused person but just for little bits at a time. *LOL*

I have learned through experience to let my energy go where it feels best in the moment. For example, I could not sit down and write all my material for this magazine inside of a few days. My attention is no where near that laser focused. If you said to me, go have some fun, go for a hike, call a friend, cook an amazing meal, play with the cats, write part of an article, design a logo, work on a new creative program, have a glass of wine etc., I am in my heaven.

You get the idea, I am one who does many of these blissful things throughout each day and from moment to moment that changes. Of course there must be some sense of order to the thoughts as a glass of wine for breakfast or a picnic at midnight does not really feel good to me. By placing a generalized picture in my head of the things I desire to move forward with, I somehow pull the majority of them together with ease. Kind of like a whole bunch of post it notes in my brain, with room for new additions in the moment.

My terminology for this is multi-tasking. I learned a long time ago that my thought process at any given moment in time is all over the board. Not in the psycho way or a multiple personality complex way but with what I am inspired to do in the moment.

The bottom line is, if you feel up to it and desire to read this magazine all in one shot, go for it. (Please set aside a few hours for this task.) Maybe you just want to take your laptop to the washroom with you and read bits and pieces at a time – just a thought. Why not even read a bit while you are getting supper together. How about reading a section as a bed time story to your child? Maybe that one is a bit far fetched..... *S*

Please do what feels good for you and if completing this magazine involves you multitasking, please give yourself permission to do so. Within no time you will be complete and

waiting with baited breath for the next issue, January 1st,
2008.

Till next time, happy multi-tasking, pointing down to the next
shiny article.....

Peace and Love

[**Wayne Parker**](#)

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