

Transforming Your Life with Ideas



Almost everyone I have ever talked to has had at least a brilliant idea or two floating around in their heads, just waiting to blossom into the transformational experience it was intended to be. Why does it seem that some people are constantly following their inspirations and re-creating their lives while other people seem stuck

and unable to move? What stops so many from ever following up on that brilliant idea?

I have the opportunity to talk with many people from many walks of life as I go about my business each week. If given the chance, almost every one of those I talk too end up sharing one brilliant idea or another, so there is definitely no shortage. I found it interesting how few of those same people actually end up acting on their ideas so I started asking people questions to see if I could determine a pattern anywhere.

The most common reason cited for not acting on an idea was a lack of something that was the problem. Folks offered: they didn't have the money they felt they required; they didn't have the expertise in some or many areas; they didn't have the time and a few even branded themselves too lazy to bother.

I can see how those things might look like major road blocks but they don't need to be. The most important thing to recognize about an inspired idea is that if the creator of the idea continues to chew on it without getting caught up in why it can't happen, other inspired ideas will follow the original. **Many times I have had ideas that seemed impossible in that moment to follow through on, however, when I just stay excited about my idea, the solutions usually show up.**

On occasion it does become necessary to set an idea aside for the time being, and those ideas usually raise their hands again at another time – usually a more appropriate time.

Enthusiasm and excitement are infectious. The more a new idea is played with while maintaining a can do attitude; the more excited we tend to get. When that excitement reaches critical mass, we can't help

but overflow that into the world around us... This is where the magic happens. As we overflow our own enthusiasm, pretty soon other people are paying attention and taking an interest. These other people may just be the folks with the money, skills or time needed to make that idea come to life.

Many visionaries that build empires based on inspired ideas have one thing in common. They use excitement to engage great minds and then build a team out of those minds. Very few enterprises are built from the ground up by the originator of the idea; most are built by a team. Traditionally, those teams were made up of family members but in this high tech society teams are more often made up of passionate, skill rich people from all over the place.

Many hands (or heads) make for light work. Building a team will deal with the time issue as well as the skills issue. Exciting the right person can even deal with the money issue. So what about the lazy issue? It has been my experience that laziness is really a symptom of something else like fear of success or failure, a fear of committing oneself to the task or many other similar examples. The most powerful way of dealing with this issue that I have come across is 'self appreciation.' There are many techniques for learning to appreciate self that are both useful and fruitful which are easily found by asking around in any personal development circle.

My personal recommendation is again to use the team model. A team created for the purpose of building and supporting the participants can be as small as a team of two. **If there is one other person in your life whom you can talk to and get a little coaching from now and then, coupled with a determination to learn to appreciate self will move you along quickly.**

It's worth the effort to follow your inspired ideas. Depending on how fast you are willing and able to pursue them, in a few short months or a couple of years, you could be living a life much closer to what you want to live. And don't forget the rest of society. Where would we all be if people like Henry Ford, Einstein or Bill Gates (to name a very tiny few) had chosen not to follow their inspired ideas?

Happy Trails

Kat

[Email Kat](#)