

Alive! She's Alive!



How do I put into mere words that which makes me feel alive? It's a kaleidoscope of experience, image, taste, touch and feelings that evoke aliveness from the deep well within. And what makes me feel alive will certainly differ from what makes you feel alive. That's the beauty of life on planet Earth, all those ingredients in the kitchen to use in our life pie.

I guess there is only one thing to do.

I wrote a song about it. Wanna hear it? Here goes!



Raindrops on noses and waddles on chickens
Bright tan gourds and warm doggie lickers
Quacking ducks with funny neck rings
These are a few of my favorite things ♪

Creamy fur cats and crisp crunchy popcorns
Sea shells and jingle bells and orchestras with French horns
Hawks soaring in the sky on red-brown wings
These are a few of my favorite things
♪

My girl in pink dresses running in dashes
Freckles on my boy's face in big brown splashes
Snowy white winters and warm muddy springs
These are a few of my favorite things

When people bite
When life stings
When I'm feeling sad
I simply remember my favorite things
And then I feel alive and oh so glad! ♪ ♪

May you have a Wonder-Filled day and enjoy the journey!

Tracy

The Domestic Gourdess is an eclectic and creative gal who loves to play with *Lagenaria siceraria cultivars* (hard shell gourds), write, and help others remember their spiritual connection through playful art. Please visit <http://tracyswartz.com> to see her gourd art, class schedule and show schedule.