

Well Kat,

It's great to finally say what is on my mind. I am a physician taking care of very sick people. And I must say, when I was introduced to The Secret, I was a profound skeptic and an outright critic. Being a realist rooted heavily in scientific theory and reality, I just didn't think the LOA was rooted in anything plausible, just fantasy that is making some people lots of money.

However, before you totally sign me off as a hopeless skeptic; let me very briefly share with you what the LOA has done for me. I have doubled my income, purchased a new car for less than what I was paying for the one I let go, established powerful business contacts, tremendously lowered my debt, increase my lifts in my bodybuilding endeavors even at 44 years of age, developed a physique that is the envy of men my age and much younger, and taken on a life of incredible discovery and adventure. Yet, despite all that I have "attracted," I remain a skeptic. Unbelievable you may say especially since the World Wide Web is riddled with critics of the LOA.

Still, I find myself meditating to the sounds of The Secret before I go to bed, and the things I always wanted are coming to me. I read books on quantum physics and other literature trying to convince me that the LOA is indeed universal law, yet I struggle with skepticism. The goods are all documented, and my patients have benefited just with the power of positive thinking. Still, I struggle with the very belief of the LOA and how it is possible for thoughts to manifest items, events, longevity, health, etc. I just have to wonder how it is possible for an extreme skeptic such as me can benefit the way I have with a law I do not understand, believe in or even accept, not that I couldn't later on. The power of positive thinking has been profound, but I still sign it off as super coincidence. I know it defies anything you may have heard of. I have the numbers to show how my finances have tremendously improved and how my life and opportunities have expanded.

None of this is a joke, and I want you to know, I'm open for more educating on this subject.

Maybe you could point me to someone who can mentor me. I'd appreciate your input.

HP

Hi HP ☺

How nice it is to hear from you. I am honored that you would chose to say what is on your mind to me. Thank you for that!

The bottom line here is that we each have the right, power and freedom to decide what we want to believe. That being said, it is important to understand that LOA is working 100% of the time in every single life whether we believe it or not. A law is a law and does not wait for permission to be true and active. Imagine if we all had to first agree that gravity was true before it would work? That would result in some people floating through the air while others walked solidly on the ground. A comical thought to say the least. ☺

Being skeptical is a very natural and healthy response to any new information that challenges our belief systems. Especially for those who are involved in the sciences or tend to be logical in their thinking – to which I fit in the second category so I do understand what you are saying, I was once in a similar boat.

Skepticism is a belief system. If you look logically at a belief system at its core, what you will find is that a habit of perspective. Habits of thought or perspective are usually a product of accepting a definition to be true and then filtering everything through that truth.

It appears that the single most challenging part in accepting that The Law Of Attraction is real is that in order to believe we are attracting the things we want to ourselves, we also have to believe that we attract the things we don't want to ourselves.

In other words, it requires we take (and give to others) full responsibility for our reality. Logically, it wouldn't make sense that we can attract one without also being responsible for the other. So that brings up questions that are really hard to answer – at least on a conscious level – about children (for example) in abusive households and the like. I am not sure if that is what shakes your ability to believe or not but it is the most common sticky spot.

To take full responsibility for our own reality also gives us full power, however, we all are so used to the idea that we are victims to our environment, our bodies, our thoughts, our government etc. it is really difficult to wrap our brains around the idea that anyone might have control over all of that never mind all of us having control over that...

Believing in the Law of Attraction simply gives us the option to be deliberate in our manifestations. Imagine for just a moment, the implications if everyone accepted this as true and were self empowered to create themselves as it pleased them. Imagine how children might grow up differently if they were taught this kind of self empowerment from the beginning. We would be living in a much more peaceful world wouldn't you think?

Now let's go to the other end. Let's say for a minute the Law of Attraction was not a law at all and a bunch of hocus pocus as many critics would have you believe. From that standpoint, would it really hurt someone to believe in Law of Attraction anyway? Would it hurt anyone to feel self empowered even if the manifestation end of it were not true? At the very least, folks would likely be more content and peaceful in their lives don't you think?

As I said, the bottom line is that you have the right, power and freedom to believe what you want to believe and it won't change whether Law of Attraction works one bit. And so now you get to choose. 😊

As to mentoring, you are the first Doctor that I know who has begun playing with this stuff openly enough to talk about it. Perhaps you are destined to change the medical profession and become the mentor?

I am sure you are not the only one out there; however, you are the only one I know of. If I did know others, especially one in my area, I might actually seek medical assistance myself from time to time. 😊 Something I do now only as a last resort.

If you still desire some mentoring, I would be happy to assist you myself. I have a history of very positive results. 😊 Simply email me for my rates and to arrange a complimentary 30 minute session that I offer to make sure we are a good fit for one another before any monetary exchange takes place.

I wish you much success HP and I sincerely hope you are fore runner of the changing face of medicine. We could all use a more empowering approach to our healing and wellbeing.

In Gratitude
Kat McCarthy