

## Rock and Roll Picnic



It was another one of those beautiful sunny days that involved a short drive to Hamilton, Ontario for what was billed as the Rock and Roll Picnic in the Park. This was the second annual affair that was held in an incredible old park with ancient trees abound and thousands of folks gathered around, having family fun and enjoying the music for the day.

Arriving about a third of the way into this event, Kat and I meandered through the 8 – 10 thousand folks seeing laughter, smiles and fun being had by all. It was a true family affair. All ages were represented from baby strollers to grandparents on lawn chairs. The energy was vibrant and we both knew what a treat this day would be.

We found our way to the beverage area, then onward to find a piece of shade as the sun was intense this day. Relaxed, laid back all set to enjoy the free offerings of music that had been promoted by the local radio station, [Y108](#) of Hamilton.

We had missed the first few groups, [High Voltage](#), [Teenage Head](#) and [Priestess](#) but settled in for the long haul featuring Tomi Swick, Goddo and finally Kim Mitchell.

[Gotto](#), a local band, with a huge following ripped through many of their more famous songs and a



few entirely new ones. They did catch my ears with their impressive vocals and their bubbly, full of life, stage presence. What a great way to start off my day, it was pure pleasure.

It was time for another beverage to be ready for [Tomi Swick](#). I had never heard this band before and I was impressed. They had just flown in from La after a recording session and given the jet lag, they sounded awesome. The band was very tight and had the whole park up on its feet bopping and weaving to their songs. Thank you Tomi for being the open and honest person you are with your words. You inspire people like myself.

The final act for the evening was none other than Canada's [Kim Mitchell](#). I do not dare tell you how many times over the years that I have seen this gentleman and his group perform. From some 6-7 albums with Max Webster to his own 8 CD's by



himself, this is one exciting performer.

His latest CD just sums up his life in general. It is called *Ain't Life Amazing*. He also had another major feat in that this entire new album was done over the internet between him and his producer in Nashville. Back and forth, uploads

and downloads until they were satisfied. It was a virtual recording studio, sort of speaking.

Kim is also a DJ on the hot [Q107](#) radio station in Toronto, doing the afternoon rush hour show. Talk about living a musical dream.

For this segment of the show, we opted to leave our plush plastic chairs in the





beverage area and move closer to the stage. As we walked and walked we suddenly realized that we were front and center up against the barrier. Could not have found a better place to be to view and hear this group. The moment had arrived and the crowd jumped for joy. From the opening song to the finale, almost two hours later, this man personifies musical excellence in all forms. With his still powerful voice, through his rocking riffs,

his very infectious smile and his total command of the stage, it made for one hell of a set.

Although I have never spoken to this person, to me he displays most or all of the attributes that when bundled together, makes a beautiful connected human being. I am setting my intention right now to have an interview with this person to talk about his real magic that he has served up to millions. I thank you Kim for just being you on this evening. You ROCK!



The music ended and as we departed, I heard nothing but rave reviews, much laughter and fun. That kind of sums up the whole day for me as we headed to the car for the short venture home, with energy filled hearts and many more memories stored into the data banks.

I thank you Hamilton for a wonderful picnic in the park.

Peace and Love

Wayne

[Email Wayne](#)