

# What's Up On Planet Earth?

**December 26, 2007**

## **2008...THE YEAR OF NEW BEGINNINGS AND THE BEGINNING OF COMMUNITY...A NEW WORLD ARRIVES...WHEEEEEEE!**

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### **Greetings!**

As 2007 draws to an end, there is much to recap and explain, as well as much to report about the energies and occurrences yet to come for 2008...all so very exciting and as always, so perfectly and divinely orchestrated.

In this energy alert you will learn:

- Why 2007 was a challenging year for many and why this phase is now over;
- Where we are in our spiritual evolutionary, or ascension process;
- Some manifestations of how our ascension process has been affecting us;
- How we are beginning to live and vibrate as the ancients did;
- What is ahead for 2008, and believe me, it is truly awesome;
- How we have "earned" what is to come, why it is now time, and how it will unfold.

So what in the world has been going on these past few weeks, or even months, and why is does much of everything feel so chaotic, disjointed, dark and harsh, confusing, stressful and overwhelming, and just plain exhausting?

On the solstice, Phil and I were blessed to spend time at our favorite ancient ruin, exploring, as we always do, the effect and patterns that the solstice brings in regard to the alignments that the ancients meticulously created within their communities.

The ancients knew so much, and this particular site contained the purified energies of the very original ancients...the energies that still embodied the blueprint of the innocence, of true power and connection to Source, of a most pristine nature.

We have found some truly amazing places at this site, and if one is to stand in the direct center of an alignment of three pivotally marked yet hidden points, where the sunset or sunrise intersects on pivotal dates, a common effect is experienced....and this same effect can be found during the equinox as well as the solstice.

The effect is one of feeling a *distinct zero point*. Phil and I have discovered that the solstices embody the masculine energies and the equinoxes embody the feminine, and the ancients knew this very well, as do, I imagine, many of you. Their individual sites were designed around this pattern, as well as other repeating patterns, and *all* the sites in an area even follow a similar pattern through the way that they connect to one another....a perfect microcosm.

The equinox or feminine energies usually embody the experience of moving forward, when much is in alignment and balance...equal hours of light and dark in a day. Thus, a *balance*. The masculine or solstice energies embody the experience of going deep, excavating, and preparing for what is to come. They reach far. This pattern I will describe further on in regard to how we have been affected by it in past weeks and months.

I cannot begin to describe to you what it feels like to be in the center of a zero point. I suppose it is similar to the empty energy in between a thought, or a stand still feeling when everything seems to stop, or perhaps similar to an extreme experience of feeling divine and pure love. For me, there is a perfect balance, with no pulls, no pushing, no reaching, nor any heaviness, or density. A feeling of almost weightlessness and a perfect alignment to a higher dimension, reality, or a more higher vibrating true perception. An incredible stillness and connection at the core.

I tell you all this for good reason, as it so precisely relates to what we are currently experiencing with the energies of late. The ancients were very savvy about alignments. They created grinding slicks in the paths of the alignments, which we have found are wonderful markers and validations of where these alignments were located.

When Phil and I discover a grinding slick in any area, we become so very excited as we know we are onto a power spot. Or when we discover an alignment, we always look for grinding slicks in its path. And at times we simply follow the energies, talk to the ancients, or find ourselves at the power spots, and *always*, there will be a grinding slick nearby.

Through dimensional travel and validation from visits from local archaeologists, we have found that the ancients used these grinding slicks (smooth spots on large rocks), to grind specific elements at specific times when there were alignments to the heavens present. The elements that were ground, thus contained the purified energies that the alignments contained, and hence, these elements (whether they be corn, crystals, stones, etc.) then held an incredible amount of true power and connection.

So what does all of this have to do with our current energies of late and how we are being affected?

As we progress forward with our spiritual evolutionary process, or ascension process, the energies greatly heighten on a regular basis. In this way, the planetary and celestial interactions can be felt much more intensely, as they intensify exponentially with every energy shift.

In addition, we are becoming more much aligned with Source as we are purging and releasing denser energies within and without. This process then creates a more heightened sensitivity within each and every one of us. You may have found in

recent years or months that much of everything is now just too harsh for you to bear. It may become more and more difficult to interact with the old, or to even go outside. It may appear that there are fewer and fewer boundaries between you and your environment, with nowhere left to go for reprieve or rest. As the density dissipates, so do the boundaries!

One reason we become more sensitive is because we have dropped many of our defense patterns and behaviors that were needed in a 3D reality. So now, here we are evolving into a more enlightened and spiritually advanced human with heightened sensitivities, and still having to reside in a harsh environment created from the old 3D mindset! This is but one of the many challenges of the ascension process.

So then, the solstices and equinoxes can affect us much more fully as time goes on than in years past. The solstice of June, 2007, and into this current solstice of December, 2007 created a time of great purging, personal excavating of our old outdated patterns, and most recently, an intense time of *balancing*. We are in a great time of balancing now, because much of the old is about to depart at a rapid rate.

This was a very long period of readiness in preparation for what is to come in 2008. The longer and more intense the readiness period is, the more grand and awesome is the period that follows. So know that although at times we believe that things will *never* change, and that we may feel as though we have not made any progress at all, these seemingly strange patterns of ascension are always and most certainly doing exactly what they were intended to do, and we are progressing right on course as was divinely planned. Things only get really bad when things are about to get really good. This has always been the way of ascension. Like two ships passing in the night, we experience the extremes in both directions.

If we are digging deep, having much trauma and great challenges, and being stretched to the limit, it is because we are being prepared to be in alignment with a very new world and new reality, and this I will describe further on as it relates to what will arrive in 2008.

The energies heighten, we create on the outside what is within us much more easily and frequently, we experience challenge and what appears to be struggle, we see and adjust, we become aware, and thus, we prepare for what is ahead. In addition, we try and create, the time is not ready yet, we are stopped and barred from creating at all, we adjust and re-align during this period, and then are more prepared and ready to create with a higher vibrating version or vision when it is again time to create the new again.

When we are in a purging and releasing stage, we are nearly totally engulfed with what we are releasing (for ourselves as well as the whole), which can then feel dark, harsh (because we are now more sensitive and vibrating lighter), and overwhelming. We can feel overwhelmed because we create much more rapidly and with much more ease the higher we vibrate. In addition, we are being "squeezed" by the higher vibrating energies, which are pushing out any lower vibrating or denser energies which can no longer reside in this new and higher vibration.

*And as we are releasing and engulfed in the denser and darker energies, as they are up and out, we then begin to create unpleasant scenarios for ourselves...we create according to the filters that we are seeing through at the time.*

All of these scenarios were brought on by the advent of the influx of higher vibrating energies which arrived in March of 2007. We then had to match them in all of our totality.

So then, this period of the past six months or so has been a very long one of preparation. Remember when those heightened energies arrived in March of 2007? Remember all that we created at that time? Remember how everything simply fell into our laps, all was beautiful and it felt as though we had arrived in heaven?

This ascension pattern is always the same. The higher vibrating energies arrive, we feel awesome indeed, and then we must get into alignment with them.

What immediately followed in June was a period of going deep in order to adjust our energies to match more fully what we wanted to create. September 11th brought in a portal opening for grasping and aligning with even more new visions and opportunities, and then December 12th created an opportunity for the zero point of balance to be embraced and utilized within us. 12/12 was quite a pivotal moment, as we had now reached a point in our evolutionary process (resulting from all the challenges and struggles of the weeks and months before) where we could now be allowed access to a dimension or higher vibrating reality of balance and a more secure connection to Source through this balance or alignment.

*What the universe has been supporting us with these past few months, or giving us the opportunity to do, is to reach that zero point of alignment within ourselves.* This manifested as experiencing friction with others as we very severely attracting individuals into our spaces who vibrated in an opposing way. If we were extreme in any way within ourselves, and needed some tweaking to balance ourselves out, we would attract an energy that vibrated severely in the opposing way. As frustrating and challenging as this was, energy simply does what energy does, through the law of attraction. And balance has indeed been the theme of late, more than ever before.

During this time of transition and preparation, we may have felt as though we did not know where in the world we belonged. And we may not have felt that there was anywhere left to go either. With so much darkness and density leaving and flying around, it often felt as though we were living in a dark pit of hell. Eeriness, creepiness, horror, and the like could be felt for months. We were simply viewing the world through the filter of everything that was up and out, making its departure.

This also created a long period of time where we were not at our best. For many, the darkest side of us was more present than usual. We were tempted to blame much on others and on what was outside of ourselves, not realizing fully and remembering that we always create on the outside what we are perceiving or vibrating on the inside. There is no room for error here, so in this way, what arrived for us was simply a valid and accurate indicator of what was inside of us, giving us once again an opportunity to see who we really were and how we might be affecting others.

Although these times are trying, and have felt as though all the ugliness that existed anywhere was here to stay, they are always great jewels as well. I never experienced so many aha's than I have these past few weeks and months. I finally

told my mother, "I don't think I can fix any more things inside of me!" But what happens with ascension, is that we become aware during these times of heightened energies and illumination, and usually take several more months and even years to actually balance ourselves.

The ascension process is always very gradual, even though at times it may not seem so. And "fixing" anything never usually works anyway, as letting go is usually the best way. Focusing on the negative, old, or lower vibrating manifestations by "fixing" them only makes them real, keeps them alive, and gives them fuel to continue to exist. Gradually letting go and allowing the new to enter more fully is much more effortless and is a pattern that vibrates higher as well.

During times of excavation and purging, we become more aware that we often created from arrogance. As we progress more and more through our spiritual evolutionary process, our arrogance and ego based states leave us more and more. This part takes time, as we needed our arrogance and ego states to survive in the old 3D reality, and still need bits of them now.

The zero point that our souls are supporting us in arriving at means no extending, no effort, no making things happen, no intentional giving, and so forth. It means standing still in our center and allowing the flow to move through us and extend onto others.

So now here we currently find ourselves, fairly exhausted, perhaps wondering who we are, what our power might be as much of our old power can no longer exist, in what may feel like a weakened state, and perhaps even wondering what will happen next, as just when we think we have arrived in heaven and will forever stay, hell pops up one more time.

*But awesome energy and wonderful experiences are on the very near horizon.* As of December 23rd, we begin the upswing. As I write this, it is the 23rd of December and Phil and I are commenting on how strange we feel today. Extremely relaxed, light, sleepy, craving naps, and a bit drained. This is the beginning of the upswing. This is because we have completed a very long phase of transmutation through ourselves. Feelings of floating around, spaciness, lethargy, and yawning, are indicators of the end of one phase and of the beginning of a very new one. We should all feel exhausted, drained, and weary, as we have fulfilled our spiritual plans for the planet very well indeed!

This was an intense preparation period. And another occurrence that is fairly common during this phase is the loss of some of our animal companions who have been with us for a very long time. They embody our old energy. They were a part of our old lives and our old selves. In this way, they choose to leave, as they no longer fit with what is soon to arrive. This is a great crossing over period and it manifests in many different ways. As we cross over, at times, we do not take everyone and everything with us. But know as well, that the preparation period lasted so long in order for as many as possible to be given the opportunity to adjust their energies to be more fully in alignment with the new.

As we progress through this amazing ascension process, more and more of the whole is embraced and swept up into the higher realms. Those who were never affected by those old familiar and strange ascension symptoms in years past will be touched now. More and more will be awakened. We are now ascending in larger and larger

groups. Remember when we felt as if we were the only ones and so very alone? These ascension experiences can no longer be denied, as so many are having them. And because of this, our store-fronts will be assured. There will be many who will need assistance. Our gifts and offerings will be desired and appreciated by much more of the whole.

What is our next stop on the ascension train, and where will we soon land in 2008?

### **2008...The Year of New Beginnings**

Reaching zero point within ourselves is an important step in aligning with community living. How many of us have embodied the dream of living in spiritual community, being part of a beautiful and special whole, being seen and acknowledged for who we are, and living our lives more connected than ever to Source?

As we reach the year of 2008, 2007 will appear as a dream of long ago. It will appear as a place that we dimly remember, with lives and experiences that we can only access through a fog of vague familiarity, and a place that contained aspects of ourselves that seem to have belonged to someone else.

We will be starting new, with a very new beginning, and in a very new way that has yet to be experienced in recent lifetimes upon this planet. It will be a time of seeing our dreams manifest before our eyes, and these dreams will be the dreams of an individual who is more strongly connected to Source than ever before. These will be dreams of the whole...dreams shared by all of us, yet dreams containing our own special vibrations and contributions, gifts, and talents.

*We will be finally meeting together as one. We will unite as a whole. We will then be able to commune within community.*

Enough of us have caught up with each other, so that we are now one indeed. This means that there are no more icons, leaders, guides, individuals carrying much of the whole upon their own more evolved shoulders, and no more disjointed separations from one another.

We have reached a certain level of critical mass, where we are now blending as a whole, while still embodying our own distinct vibrations that contribute to this whole. In this way, we can then support each other on a continual basis, share and distribute any perceived burdens, and balance out, blend together, and rejoice in each other's company!

This vision, knowingness, and reality that I see so very clearly, brought great tears to my eyes. It is a dream that I have long been waiting for. I can barely believe that it is finally here. The sense of relief, joy, let down, and ecstasy I feel is difficult to describe.

We have been carrying so much of the higher vibrations within us for so very long. This has created shoulder pain of late (as we are finally releasing the burden of responsibility), the oh so familiar Buddha belly, weight gain (as we needed to embody so much within us and *hold it* there), and exaggerations in personality traits.

We had to be larger than life, as we vibrated so much higher than most. In order for each and every individual vibration and trait (or gift) to contribute to the whole of a new reality, we had to embody it in great amounts. These vibrations and individual traits within us (or our special roles), had to be large and intense enough to bring up the entire vibration of the planet, therefore contributing to the creation of this very new reality. Each and every one of us was on board with this. We were very strong indeed, and dedicated to our roles in vibration, even if these exaggerated traits within us irritated others and drove them crazy at times!

But now we can rest. We can become one with each other. We can let down. We can release all the energy which we needed to hold, as it is now being embodied much more by the whole. And in this way, we are now *finally* ready for community. In community, we need only utilize our gifts and talents when they are needed. We need not be "on" 24/7. And reaching a zero point within ourselves, where-by we balanced out these energies that we had been embodying in over-exaggerated amounts, was a vital part of this process.

Now that we can let down and let go, we will find that we can really begin to enjoy each other more and more. We will find in times to come, that we will notice, be grateful for, allow and receive, and welcome with open arms the gifts, talents, and contributions of others as we will no longer need to be so very focused on holding and vibrating our own.

We have indeed reached a new level of reality. And this will indeed create a time of new beginnings.

Because we have reached this new and vital stage of reality...because so much will now be able to change, because so much has shifted, we can know with complete certainty that it will absolutely be a time of new beginnings. New beginnings will be the only viable and logical option now.

We will experience new beginnings in relationships. Partnerships that were destined to remain intact will experience a re-birth of sorts. It will be as if they are starting anew, with two new people in different roles, now being able to distinctly and simply enjoy each other. No more relationships revolving around growth and change, but now revolving around enjoyment, pleasure, fun, and a great love and appreciation for each other.

With so many individuals on equal turf now, the burdens will be lessened to a large degree. We have now met up in the same place, with a new equal distribution of how we hold and distribute our energy. We will feel like brothers and sisters as never before. No one will be holding more energy than another, and this alone, will greatly assist in remedying the exhaustion and weariness of many...especially the first wavers.

Our new passions and store-fronts will begin to appear as if by magic, and we will barely be able to keep up with it all. We will be *asked* to fulfill our soul purposes. And because we have been waiting for so long, we will be *ready* to fulfill them.

We will begin to congregate in families or pods of community. Those we hold dear to us will become vital parts of our special communities or families. We will begin migrating together and congealing together as small like-minded communities, as we also congeal with the whole in a more limited way. This is the pattern that the

ancients knew as well, as it goes back through eons of time, to the time of our ancestors and our star families.

We will begin to utilize the things we need in a much localized way. Higher vibrating communities stay in alignment with their surroundings by utilizing their surroundings in their everyday life... building from local materials, eating locally grown foods, etc., and matching the specific energy of the area with their own. As the old systems begin to fall, local will be the norm. All this in divine right order, as being in alignment with our surroundings, helps to create that zero point and opens us to a continual portal of higher vibrating energy. And with outside systems falling, we will naturally progress to this way of being. Old creations that will be departing will only fully depart when new creations are ready to take their place. This is a natural way of evolution.

A lightness will begin to be felt, as much density has departed (for this latest phase anyway!). This lightness can manifest as a floating feeling, as an emptiness, or even a loss of who we thought we were. But with so much having now departed within us, all the higher vibrating things will have more room to be present, much happiness and joy will abound, all our needs will seemingly be met, and we will begin anew with a clean slate, in a very new space, and what may feel like a very new reality before us.

Much of what we had begun or what had entered our consciousness as a possibility in March, will now manifest in form as we are now a vibrational match for it. And you may have even entertained thoughts about going in a different direction, changing your plans or relocation areas, as the energies were simply not making much sense for awhile. But know as well, that we transmuted much for the whole, through ourselves, as we always do.

Will there still be times of turmoil and distress in 2008? Absolutely yes, but we will be above them. It will be as if two realities exist, as there will be a great and distinct separation between the two. One world will exist in a heavenly state of bliss, community, union, near immediate manifestation, brotherhood and sisterhood, and a great connection to the earth and the heavens. The other reality will still be present for those who have not yet come to a place where they are ready to let go and receive the new.

As the residents of the reality that is crashing and continuing to manifest a revolving door of unpleasantness and seemingly horror begin to separate themselves, ask for something different, and question the old, they will then arrive at the dimensional gates of the new reality, where they will be greatly assisted by those of us who are utilizing their much needed store-fronts and lovingly waiting for them.

So then, we will be residing in our new communities for the large part, offering our gifts and talents there on an equal basis with the whole, and spending a bit of time as well interacting with those who are finding themselves on the dimensional line, readying to cross over.

And some will visit what is left of the old world, as they serve in regard to their store-fronts, but not for long as higher vibrating energies cannot exist within lower vibrating energies for too long, as they become ill, lost, depressed, and anxious. Maintaining a continual state of love is the perfectly planned protection which will determine the length of each visit.

Will all of this scenario happen immediately? No. Some will begin the community lifestyle sooner than others. When new information first touches us, it usually takes awhile before it manifests completely in form. A higher vibrating seed is planted, and then it must grow into fruition.

So if you have felt a sense of completion of late, with a letting go and letting down, a readiness for a rest, or a strange sense of "finally!," you are most likely tapping into this latest grand shift.

Our time is finally here, and this time it is here in the grandest way yet. I eagerly look forward to continuing to report to you the latest energy news, along with news of defining and utilizing the special purposes of our souls. And Phil and I will be going on the road from time to time, offering talks and information about what our ancient ancestors want us to share. Hoping to see you in 2008...and wishing you the best year yet. [www.whatsuponplanetearth.com](http://www.whatsuponplanetearth.com)

Wishing you heaven in your heart, starlight in your soul, and miracles in your life in these miraculous times...

Until next time,



**Karen** 