

# From Endings Come Beginnings

By David Little

---

***“Love is the fabric from which the Universe is weaved, it connects all things.”***



Here is a thought that came to me one morning while I was meditating, something I do daily. It was so powerful that I interrupted my meditation to write it down. When I went back to sit again I really let that feeling resonate.

What if I could do this all the time? How would this change my life? What if everybody did this? What would the world be like? I'm not so naïve to think that everyone in the entire world would do this even if they could. I don't think that I could do it all day everyday.

What I do think about is this:

***How can I affect positive change in the world through my actions in small ways?***

This is like adding a clean drop of water to a dirty glass of water. Over time the entire glass of water becomes clean one drop at a time. This is an old Buddhist simile that fits rather well. I begin to use this in the Ebb & Flow of my life.



Each day is an opportunity to see things in a new way, then try to affect some positive change by doing a small action. People always think they need to do something BIG to make a

difference. I think if you make a small change everyday & take action, just like the drop of water in the glass it will amount to a BIG difference in the long run.



Does Love change everything? Is it the fabric that binds the Universe? I don't know for sure but the analogy works for me. If it's not hurting anyone, What's wrong with that? Look inward to your heart. What does it say? Where will you go? What will you do when you get there? Food for thought my friends.

***Love connects Everything***

David Little can be reached at [www.bestdarkchoco.com](http://www.bestdarkchoco.com)

[Who is this David Little anyway?](#)