

## **MY SHIFT**



We all go through life establishing who we are and what values we choose to bring into it. Overtime we basically set up our core values what ever they may be: family values, honesty, peace, openness, helping others, have fun, spread the word of love, be happy, a desire to always grow and so on. Being non judgmental, not racist, not to be violent, never to hurt people intentionally could be a few other values that we live our lives by. I think you all get the picture.

For those of you that know me,

***I have many core values that work for me.***

I am open and honest to a tee. I express myself in the moment and do so with great love and hold no punches back. I do most everything with fun/joy and if I can not do so in this way, why am I doing it? I smile a lot, say hello to as many people I can then sent good energy to them. I tend to be quite private in life and hold dear to my heart the few best friends that I will share everything with including my total love, new perspectives my total being just to name a few.

Yes I do a lot of internal self work that most people other than a few close friends would never see but they are all in conjunction with my core values. Besides the advent of me being at times a bit lazy, did I actually say that, laughs out loud, I usually am at the top of my game. This includes being emotionally, physically and mentally the best I can be.

This is just who Wayne is at this point in life.

Well dear readers, I must say that recently a huge shift has transpired within me that.

### ***Cool, Wayne is shifting once again***

which means another huge leap for me in my internal growth. This has nothing to do with dropping any of my established core values but actually looking at me or my path from a fresh perspective.

Now that I have you almost lost at this point, I will attempt to explain.

I love to connect with people of all sorts from every walk of life and their energetic beings. This is who I am and relish every minute of the connection as I get to speak to other connected souls about growth.

***“Reality is a dance of possibilities on the stage of human choices” - Tom Heckel***

Having said that, with the connection of this magazine, my involvement at Powerful Intentions, my interactions with people, I came up with an internal phrase of spreading the word I have to offer for being better in life, **ONE PERSON AT A TIME**. Not that I have ever negated passing on my growth to others on a larger scale it has not resonated all that well within me.

***Recently, out of the blue, a god wink or a universal gift that I was asking for dropped into my soul.***

My entire perspective was rocked, shaken, stirred and literally sent into a new direction of thought. This most amazing energetic being and I were talking and she asked me if I was willing to help teach some of my loving spiritual ideas in a class to others seeking a better quality of life for them. You guessed it, without a thought I fell back on my core value of

## ***ONE PERSON AT A TIME***

and said that I can not at this time to which she immediately respected my decision.

Skipping ahead a bit in time the fuel was in the fire. Being me I starting to mull over what had been said to me. Again I snicker at this point as this is what I do when something has taken me aback. Mull stuff over for minutes, a day a week or whatever time it takes to become comfortable in my thoughts. The wheels are in motion.....

On the very next occasion I was with this beautiful bundle of energy, we were discussing thoughts on growth and exchanging ideas back and forth while out for a drive. Bam zoom square between my eyes and deep into my heart the words she spoke hit me. She said, "I consider you to be a mentor to me". Damn, the shift in me made me suddenly want to seek the safety of my values and run for the hills. Again my immediate response was that I am just me, respecting life and growing with my connections. Well, I think my actually words were, "I am not a mentor at all".

Okay back to the drawing board here and to do some more mulling and taking stock on me. Have I mentioned that I was rocked, shaken, stirred and literally sent into a new direction of thought once again? \*LOL\*

## ***Mentor - a wise and trusted counselor or teacher***

Mull, okay enough thought on that. I can live with this and grow deeper in life and what I believe in having been giving this new amazing gift from her.

So without much more detail than that, I had a good idea about my core values, what I did and what I desired to do in my energetic spiritual life that I have held so dear to me. Suddenly like a freight train rolling down the tracks, I have brought into me a few more ideas/core values that will enrich my being. The shift in me and how I see the world has taken on a higher sense of self growth.

Sometimes it is not a personal digging that gets an answer sometimes it takes an outside thought from another to give me a new perspective in my being.

I wish to take moment to say, Thank You Jewel for your heart felt words and honesty, because of you, my life has grown exponentially. You are so appreciated and loved.

Fresh Perspectives, hmmtttttt.....

Peace and Love

Wayne

Email Wayne