



A Note from **Kat**

Quite some time ago, Wayne and I heard someone ask the question, 'is your life a master piece or doodle art?' We've pondered that question rather consistently over the years – considering what it meant to us and how we might begin to create a 'work of art' out of our life experience.

Slowly over time, we began to get clear about what we wanted to experience, how we wanted to live and even why we wanted to live. We also learned that getting clear is an on going project that would last the rest of our lives.

An interesting thing happened when we started understanding what life meant to us – many of the preconceived notions about what it would take to live that way started to fall away. It wasn't that long ago that we shared the notion with so many others, 'I can really start to live once I have that million in the bank (or that house on the hill or that car in the garage).

Instead, as we got clear, the things we needed to live the way we wanted began to show up so we could live that way 'and' none of those things were the million in the bank. They were all perfect however to experience what we wanted to experience to the extent that we were clear about what that was.

The other interesting thing that happened was that we started finding ourselves surrounded by other people who were also passionate about living life to the fullest regardless what appeared to be in the way of that. These are all people who thrive to the best of their ability in each moment – not to say they are all living a perfect life where nothing ever goes wrong. Nothing could be further from the truth.

When we began thinking about this magazine, it seemed quite natural to invite some of those we knew who were living life as masterfully as possible to join us as we thrive out loud. While this magazine does have many of the attributes of a blog, it also has a theme of 'thriving in life' with multiple contributors like a magazine. We have written clearly stated intentions which you can read on the table of contents page and we hope to offer you a 'real TV' intimacy through the content of the magazine.

It is our fondest hope that we will fast track our learning process by sharing our lives with you in this format and that we can offer an example of living to the best of our ability – as a group.

You will find in our pages stories about our adventures, commentary about the lessons we learn as we go, audio interviews with the myriad of people we are privileged to meet and interact with in our adventures, recorded conversations with powerful creators, photos of many things that we see and so much more.

We are so happy you are here! If you find you enjoy your time with us, please pass this magazine on to your friends and family. With a few exceptions that you will learn about in future issues, this magazine is free for everyone enjoy. We hope our journey together, with you and everyone else is just beginning. 😊

In Gratitude

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