

## To Take Action or Not To Take Action: That IS the Question

*"Your work is to discover your world and then with all your heart give yourself to it." ~**Buddha***

Once upon a time, we were blissfully ignorant of the many social and environmental challenges existing on earth; those days have long passed and now we are all painfully aware of what's going on. To add peanut butter to the picture, our newly born awareness has also brought with it an understanding that we create our reality with our focus and also that we are all an integrated whole.



The whole thing seems to leave questions that are both difficult to answer and important to get answered. Do we take action or not? Is there a difference between action and activism? In other words, can we take action without being part of the resistance and therefore part of the focus that created the imbalance in the first place?

On one hand, common sense would seem to suggest that we all have to take extreme and massive action (activism) now or we are all doomed to hardship and dis-ease. Every where we turn these days, there is some new disaster to pray over, another community in need of donations and rescuing or a new environmental concern to digest. It's enough to send the most optimistic of us diving under the bed for cover!

On the other hand, our awareness of the law of attraction **seems** to suggest that we should turn a blind eye and pretend that nothing is happening at all. In all honesty that idea seems just a bit on the naive side to me. Don't get me wrong, the law

of attraction has served me in huge and powerful ways, it's just that it never seems to pitch until I step up to the plate. There always seems to be some kind of action (inspired) required of me before the things I want most actually show up. It makes sense doesn't it? Even if we could sit on our couches and meditate until a million dollars fell from the ceiling, we'd still have to get up and put it away. We do, after all, live in a physical dimension where we are having a physical experience.

Here rests 'the truth that lies somewhere in the middle' of the equation. While I too would love it if we could just think our way to nirvana, every authority on the subject of law of attraction speaks of action as an important part of the equation. Not just any old action, but a very special kind – Inspired Action!



The law of attraction invites us to decide what we want to see and then ponder that until we can feel it. Once we can feel it, we are invited to feel it until inspired ideas begin to occur to us. Then we are invited to take action on our

inspirations. Without the action – the direct interaction with our environment – nothing happens.

Sure it's true, there are times that it really does seem like something does fall out of the ceiling, but have you ever noticed that it usually happens that way when what is wanted is not that important? The thing about action is that it seems to put us action oriented beings into a state of allowing – so our dreams CAN come true.

The thoughts and belief systems that govern the law of attraction are a lot like breathing. They run in the back ground, unattended the majority of the time. Like breathing,

because they run on automatic, thoughts and beliefs take time and a great deal of effort to change; however, we can easily change how we breathe through taking an action like, controlling it, running or some other form of exercise or by resting. We can also change how we are thinking through the actions we take.

While I don't actually believe the planet needs saving and on the subject of whether humanity needs saving, my jury is still out – it is however, abundantly clear to me, that multiple things could be expanded here on planet earth. The question that stands with me is: How do we as a species, expand our living conditions, both personal and globally, without getting caught up in the doom and gloom as told by the mainstream media? How do we create greater harmony with our environment and therefore ourselves?



Since the answer is not in getting immersed in what is wrong and create more of it; nor is it to be ignored, I have carved out a 'truth in the middle' that works for me and maybe it will serve you also...

The key here is to focus on what is being done – including my own higher vibration on the subject. I spent some time thinking about what I wanted to see in the world, until it became a feeling and then I was inspired. Once I was inspired, I engaged those I work with in my inspiration. The end result is that our baby, The Magic Happens Magazine, will be evolving into 'the voice of hope;' where future editions will highlight what is being done by inspired people and offer the tools needed so more people can follow their inspirations.

Awareness here is key; in order to understand what we do want, we first need to understand what we don't want that

already exists. Once awareness has been satisfied, then looking in the opposite direction highlights what is truly wanted. A choice then becomes important. Do we follow our inspired actions or try and pretend the unwanted doesn't exist, following our cravings instead? Taking action on our inspired ideas really is the only option because if we choose to ignore the unwanted, we are in truth putting energy into it – ignoring something means only to pretend that we aren't focused on it.

Working with this process has changed my life in many ways. Becoming aware of what needs tending on the planet brought me rather squarely to the point of realizing that in many ways, we humans give our power away. In the political and economical world our power is based on our spending dollars – so few of us realize how much power we have through how we choose to spend our money... By spending our money on prepared food for example, we are endorsing the existence of the food processors, which produces food that is nutritionally deficient. Nutritionally deficient food leads to illness and disease which supports the pharmaceutical companies.

While those two things are not something I want to focus on, they were the launch pad for my rockets of desire to experience more health and to take some of my power back.



These days, Wayne and I buy ingredients and prepare our own food which is nutritionally abundant. You might say – but I don't have time for that! We've found that we have been duped; it doesn't

take much longer to prepare food than it does to make the dinner in the bag, it simply takes a little more planning. Funny thing is, its way cheaper and we feel better because of the

high quality of food we eat these days. Who among us haven't intended for greater health, a more fit body or to lose a few pounds? This particular inspiration serves so many different intentions it is difficult to mention them all...

Speaking of the power of spending money – if we want industries to begin to produce more fuel efficient products for us, then we need to buy or otherwise support those that already exist. What we buy and support sends a loud and clear message to industries about what direction we want to go and if they want to survive, they have to listen.

Buying power and awareness are the most valuable tools to all of us as far as seeing change in our outside physical world. What that means to me is that before I put my money down, I do research and do my best to understand – be mindful of my purchases on the grander scale.

The law of attraction doesn't suggest us to become activists who push against or focus on what is nor does it imply that we should be complacent or disinterested. It simply invites us to choose our direction and take action toward being part of the solution.

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