

# If You Could Look Inside My Brain

Step this way, jump on board for the magical mystery tour. Oops, I think that one has already been used by some Fab Four way back in the sixties. Long live the Beatles.

So I will just say, lets take an intimate visit in one of the most complex computing devices in the world; Wayne's World. Oh crap, that one has already been used also. Thank you Mike Myers..... \*LOL\*

Okay, Okay, how about we peek at a little cross section of the 'Thoughts of Wayne.' There, that one has not been used, at least not that I know of anyhow.

What I am endeavoring to portray here is a slice of my journey and thoughts at any given moment in time. I will get to the actual ramblings in a minute but I wanted to give you a brief update on how I think so that you may get a better understanding where I am at.

Most folks consider time to be linear, period. There is a past, present and future to all there is and nothing that will break them of this, notta, nothing. I used to think in this direction and realized that I was missing out on a huge portion of my life.

Do not get me wrong, I have had some wonderful experiences from the past that I can tell numerous stories about. These reflections that crop up for me from time to time comes not in the exact memory of the actual event but in a vibration that triggers some moment from my past. The same also holds true for a future event that I can feel simply astounded about. I am like most others out there where we have thoughts of the past and also thoughts of things to come in our future but mine seem to be of a vibration or energy, not always as a specific event.

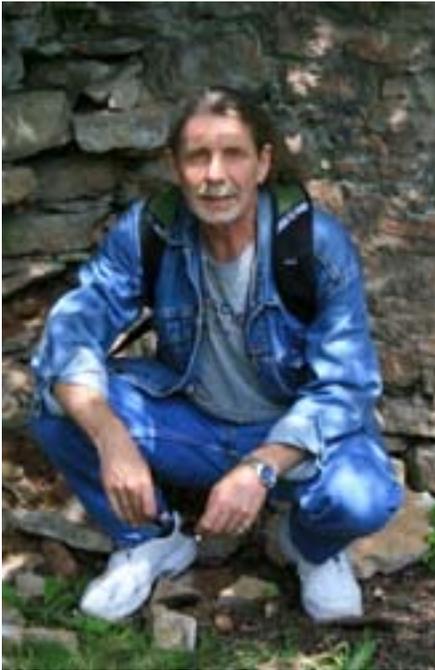


What I am here to say is that it is good to have these types of thoughts. The past has provided me with a fantastic amount of information/experiences, both good and bad that has furthered the choices I make today. Looking ahead in time, I am able to expand my creative thought, new concepts and techniques to again gain pleasurable feelings or vibrations inside of me.

For those that desire the abridged version of my thought process, here it is. From the past I have gained tremendous personal growth that I feel by means of energy. My future looks amazing in my world and the energy feels just as good but has yet to transpire from my present linear perspective.

What is left????? I know that everyone reading here is very quick to pick up on where I am going, so if you answered The Present, you are correct. The Power of Now, yes I know that is a book but I had to use it anyway. Thanks Eckhart Tolle.....

I used Power because where I am at in this second in time is where all my personal power is – it is after all, where my perspective lies. A few seconds ago is now my near past and a few seconds from now is my near future. What is truly left other than right now? This second, no this second now, really, I meant this second.



Do you see where I am going with all this? To actually live out loud, we can only live now. Imagine yourself as a hockey player in the middle of a big game. (Remember, I am Canadian and so many hockey references may occur.) If you were to place your thoughts on the previous hockey game or whom you will be playing in the next game, the game you are attempting to play in the present will not be a very good one. To be good at anything, you must stay present to attain

greatness from within. If that same player focuses on these few seconds or minutes of the game, he or she is more than likely to play it well. The next shift on the ice he/she will focus on those few seconds and only those, more than likely they will succeed at them.

What about having a phone conversation with someone? Are you thinking about last week's dinner or if you will be heading out to the movies this evening while in conversation???? The answer is a flat no, not if you want the person you are talking to feeling heard; you are in the present with that individual and will probably continue to stay there. This makes for a good connection to another.

Have you ever just spoke out and said, 'I feel like a pizza?' How much more present can that be. Just going with the present moment at any given point is what works and keeps me in the flow of passion. This is where I know my power is. Besides, pizza works well for me also. :-)

Okay, as promised, here is a brief cross sectional slice of what is happening right in this moment in my computer brain.

Wow, I love these types of articles. I am a great person. A glass of wine would feel good right about now. My life is amazing. Where else do I get to write goofy s\*\*t and people actually read it? Does my cat Whiskey, the one on my lap right now, understand what I am saying to him? Does the light in the refrigerator actually go out when we close the door? Can I hook my brain up to my computer so that I can think up these articles and they are suddenly in print? If there is ice on Mars as they now claim, did they once have a hockey team? I wonder what the kids are doing. Oops, I have no children. Sorry about that. How far in my past has it been since I started this paragraph? Why was disco invented and finally who's on first?



You see, I am no more complex or whacked out than any other person reading this article. \*LOL\* Seriously, I am Wayne, one who lives life out loud at all times. One who plays with obscure thoughts with the always over riding Attractor Factor, oh poop, that one has been used by Joe Vitale, lets just say, I am at my best when I am in MY PRESENT.

I am enjoying my journey. How about you?????

Peace and Love  
Wayne  
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