

Kat's Note



Two year's huh? What a long strange trip it's been...

This all started with me coming back from the strangest vacation I had ever been on.

My Father died, which caused many of the things below to happen as I dismantled my life and started asking myself the question, 'what do I really want?'

I've had surgery. Yuck! That was recently...

Ended a relationship – imagine getting out of a relationship as easily and sweetly as getting into one – that's what that was like. (Wayne you rock! You have so much to teach my friend.)

Started a relationship (that will see us married) with the brilliant and sweet Danish spiritual teacher, healer and leader [Peter Grun](#)

Planned a weekend seminar for Both Peter and Wayne (also myself, Bob Vadas, David Franklin Farkas, Lee Pryke and maybe even our editor Mary K Weinhagen.). It will be about being authentic in life, some knew perspectives on the law of attraction, working with the 'I' perspective, tapping into your feelings and emotions, discovering outside influences that might be getting in your way though you might not know it and so much more. If you believe in magic OR want to, this is the weekend of a life time. For more information, [Email Me](#). Life by Magic 2010 Toronto Ontario Canada

Started writing a book with Peter, tentatively called, 'The Fairy Hand Book of Magic.' It's a whole new way of looking at law of attraction, magic, spirituality and life. You're in for a treat. :) Can you say 'refreshing?' LOL

Been to Europe twice for a total of 11 weeks.

For those who follow themes, I've had three: Self love, discipline and this year it is excellence. (Warning – only use the themes discipline and excellence if you consider yourself laid back because it is sometimes interesting training. LOL)

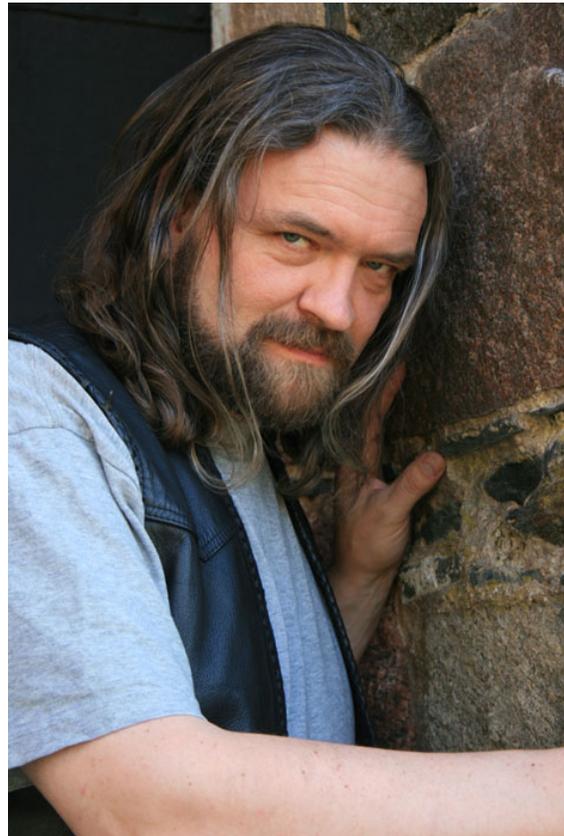
Moved once across town; and now I am beginning the rather interesting process of moving over seas while maintaining a residence here in Canada.

In September I started a business in the Healthy Chocolate industry which provides me with about half of my monthly income.

Many of these experiences came with various thrills, pains, adventure, inconveniences, joyful moments, deep despair and a hundred other things. So many things have happened I can't even begin to list them all and man have I learned a lot...

One of the most significant studies to occupy my time has been the study of authenticity and the 'I' perspective. I've been asking a few questions.

What if I was really conscious that all of my emotions, thoughts, and actions are a choice I made? What if I made the choice to always honor myself when making those choices? What if I was in complete integrity with my own desires and (here's the harder part for me) allow everyone else to be in complete integrity with themselves? What if I just started talking about myself instead of pretending I know anything about anyone else?



Peter Grun

Those questions are life transforming and it is clear that they will serve me for the rest of my life... After all, I will never be perfect no matter how hard I try. I have to say though; the practice has brought out a new level of understanding and magic in my life. I declare, 'my life is a success!'

It's been such a powerful and fun – though difficult - process for me that I have decided to expand my coaching practice to offer it to others. I've made available space in my calendar for 4 people who want coaching on becoming authentic and 'recreate themselves in the image of who they really are.' [Recreate Yourself](#)

Those 4 people will discover how being authentic can turn Law of Attraction the tool (which only works for the little things sometimes) into a magical power tool that can mold and shape a life into a master piece. Would you like to be one of the four lucky souls? [Email Me](#)

In the meantime, The Magic Happens has grown and changed. Wow a million visitors last year. I remember when we set our intention to have a million readers the second year. We didn't really give it any thought after we set it and here it is. Was I ever surprised when Wayne told me the last year's figures.

And that is another learning opportunity for me. We have the honor of so many people dropping by to see what we have for them four times a year. I have not taken TMH as seriously as I could be. And it is another opportunity to express excellence isn't it? So be it! Onward and upward!

It is our pleasure to offer you TMH and we hope you will stay with us going forward. Surely the next 2 years will be at least as eventful as the last, perhaps even more so. Get ready to grow everyone. :)

Happy trails
Kathleen (Kat) Anne McCarthy