



Make lists of positive aspects. Make lists of things you love—and never complain about anything. And as you use those things that shine bright and make you feel good as your excuse to give your attention and be *who-you-are*, you will tune to *who-you-are*, and the whole world will begin to transform before your eyes.

~ ~Abraham Hicks Daily Note

08.08.08

Note from the editor:

Let's celebrate the MAGIC happening! Not just the sampling of the magic received through the stories shared by our contributors... let's include the magic happening in YOUR life right now... TODAY!!!!

I selected the quote above for a purpose. I've learned how making lists of positive aspects has moved my spiritual practice forward in some powerful ways. As I discovered the many 'thought habits' I had that simply didn't serve me I knew it was time to make a deep commitment to creating some new habits of thoughts. Thoughts that were in alignment with my larger, non-physical self. So I started disciplining myself to spend time daily writing up a list of things to appreciate. The result is that my daily rampage of appreciation helps me lock onto the positive aspects of everything around me; leaving little time to slip into complaints and criticism.

This issue of The Magic Happens in July of 2009 strikes me as the perfect time and place to share a list of the MAGIC we can all celebrate right now. I encourage you to add your own appreciations to those below!

There are so many things with the power to take my breath away...



A big full moon with it's amazing profile of that magnificent woman!

Sunrise and Sunset when the sky is painted with brilliant color in shades even Crayola is yet to master!



Water... everywhere, anywhere, in all its various forms... dripping, falling, pooling, even stagnating. It's power is relentless and sure as it works it's magic whether we attempt to tame it or not.

The laughter of children. The shy smiles of new lovers. The face of surprise when love comes flooding in unexpectedly.

The music of birds by day and frogs by night.

The magic hush of the twilight moments when the day creatures settle and the night creatures rouse themselves.



The perfect golden crust on a well made Angel Food Cake and the puddle of chocolate from the ice cream that tops it.

The hand reaching out to lift another... and the hand reaching up to be lifted.

The hug of a small child, the steadfastness of a best friend, the magic of music the rhythm of the spoken work.

The comfort of soothing smells of home and the thrill of the exotic smells of a new place.

The gleam in the eye and the flash of sparkle on the buckle of a little girls brand new party shoes.



The freckles under the baseball of a T-ball player at bat.

The list is virtually endless and the best part of playing the list-making game is that as your attention is drawn to the things that thrill you... the number of things that thrill you grows and **GROWS and GROWS!!!**

And that's when the magic really begins to happen!!! So just relax... and let it happen for you.

As always we invite you to add to the magic and joy by joining us over at [The Magic Happens Community Online](#). Let us know what you FEEL about this issue of [The Magic Happens](#) magazine.



Much love and laughter,
Deliberately evolving,

--Mary K Weinhagen

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EXPECT MIRACLES!
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