



Where do you want to go?

Why do we constantly question our existence? Is our innate nature to want to know the meaning of life? When we are connected to the source we can feel it coming through **bright** and **clear** like a lighthouse sending its signal out to sea. Ah but there comes that doubt creeping in like the fog obscuring our mind & ability to see clearly.

How do we learn to trust the inner lighthouse that guides our true feeling and intent?



What makes us know, really know something is right & true? If we can look at the clues that our true (**intuitive**) self gives us then we can feel what's right. Say you're walking down the street and you come to an intersection, you are about to cross, you look in all directions and it's clear. Something tells you to wait a second and a car whips around the corner whizzing past the spot where you would have been crossing. Wow that was a close one! How did you know

not to cross at that moment? You trusted your **intuition** to guide you out of the fog!

Have you ever done something that you looked back at and said “*wow that was amazing! I really enjoyed that experience!*” How did that happen? How were you **feeling** at the time? What brought you there? You had a **feeling** it was the right thing to do at the time didn't you?

These are feelings of joy, accomplishment, satisfaction and connection.

When you are on the right path you will know and feel it!

Did you ever notice that things come into your life when you are ready for them? “When the student is ready, the teacher will appear.” This is because you are **connected** to the Source, God, Universe or whatever you choose to call it. Wouldn't it be wonderful if you could do that all the time? Guess what? You can! With a little practice you can become aware of your **inner** guide (self) and let it point you in the right direction. Yes there are going to be lows, just like the tide ebbs and flows. The intervals between the highs and lows will **contract** as you **expand** your awareness. Take some time **everyday** to **connect** to your source, even if only for a few moments .

It's time to cross the street to the other side in safety and confidence. Who knows what's waiting to be discovered on the other side!

