

When Inspiration Hits



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Suddenly you're playing with a bigger and brighter image than you've ever imagined and this wakes you up.

It may feel as subtle as an inner nudge and all at once the pieces come together. Those loosely related thoughts you have been teasing in circles suddenly CLICK into alignment and, Aha! Inspiration has hit.

Inspiration comes to us in numerous ways. It's possible a completely new concept hits you like a bolt from the blue and fills you with enthusiasm. Or one morning you wake up having dreamed a plan you never imagined possible, and because you've just seen your idea played out in full motion techno-colour your energy turns toward making it happen.

Each person has a personal way of describing their desire to make a difference and how far they're willing to take it. Olympic gymnast Mary Lou Retton used these words to describe hers, "Each one of us has a fire in our heart for something. It's our goal in life to find it and to keep it lit."

When inspired, your entire being feels lit from the inside out. Often you're sent deeper into your vision to see what other connections you attract. You're awake and paying attention so you can feel your way beyond your present beliefs and into some form of action.

When inspiration hits you can feel yourself shift.

It's no surprise to realize that an inspirational frequency is transformational. For the time a person holds such a frequency, life feels more vibrant and opportunity packed than it seemed before the picture clicked into place. It's an enlivening feeling when something you believed impossible a brief time ago begins to take shape and moves you forward.

***Inspiration is the foundation of genius.
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It's more than possible that everything man has ever created that enhanced life originated with inspired thought. We all benefit when inspired individuals proceed through thought to implementation. Being passionate creators these people aren't content to play endlessly with a dream because they knew nothing will change if they hold short of taking action. Some choose baby steps while others leap fearlessly into the unknown. Inspired action has no set pattern.

Besides being a great feeling, inspiration leads to personal breakthrough. It's a frequency that pulls forth our ability to operate from our hearts. Everyone's heard this expression, "My entire heart and soul want this."

When this is how you feel, you are thinking with your heart and listening to your soul. Inspired action comes from your own deepest intelligence. When you act upon your feelings with beneficial intent, your actions become inspired. Those unique people who are willing to stay in the busyness of the world to bring their inspiration to form with unfaltering faith are the ones to create miracles.